

ST MATTHEW'S NEWSLETTER

June 2021



"With God nothing is impossible"

"You are the light of the world"

HEAD TEACHER'S MESSAGE

Dear Parents and Carers

Welcome to the June edition of our newsletter. I hope that everyone is well and keeping safe.

We are right in the middle of Summer 2, our final half term and I am beginning to reflect on the year we have had so far. There have been many highs and a few COVID lows, but we are still here living, learning and growing together.

I want to thank you for working with me and just to remind you that we are here if you need anything.

Let us, as the St Matthew's community, continue to pray for one another as we countdown the final few weeks of having Y6 with us. Pass me the tissues!



St Matthew's Gets Fit!



At the end of May, we installed some gym equipment into the Key Stage 1 and Key Stage 2 playgrounds.

During playtimes and lunchtimes, St Matthew's children get their sweat on and workout.

Both children and teachers are loving the mini-gyms and everyone is getting fitter by the day.



Empathy Week 2021 at St Matthew's

This year, St Matthew's celebrated all things empathy from the 7th - 11th June

BUT what is empathy all about?

Empathy is described as a human superpower. It is our ability to understand and share someone else's feelings. Empathy is made up of three main elements:

1. Feeling
2. Thinking
3. Acting



Why does empathy matter?

Empathy is an essential life skill for all of us. More empathy, in our world, will create happier children and adults, and build stronger communities.

How can we grow empathy?

At St Matthew's, we loveeeeeeeee reading and books are a powerful tool for developing empathy. We are not born with a fixed amount of empathy; it is a skill we can learn, so the more we read, the more we can develop love and compassion, then take action, to help.

What did we get up to during the week?

- Well, we read LOTS of great books.
- We made empathy pledges.
- We went on empathy walks.
- We created empathy glasses to see emotions better.
- We did empathy art.



At St Matthew's, we care about our community.

Remember, the Mental Health Wellbeing Team are here to help!

If you are feeling worried or anxious about anything, or just need someone to talk to, we are here to help.

You can call the school office and leave a message, then we'll arrange a time when we can talk.

WE ARE HERE FOR YOU!

