



# YOUR MENU Week ONE

Monday	Tuesday	Wednesday	Thursday	Friday
Lamb Burger In A Bun Vegetable Burger Jacket Potato	Chicken Curry Tempura Fish Jacket Potato	Roast Chicken Yorkshire Pudding Gravy Vegetable Samosa Jacket Potato	Lamb Bolognese Bubble Crumb Fish Jacket Potato	Homemade Pizza Haddock Fish
Cajun Potato Wedges Peas Sweetcorn	Spicy Brown Rice Broccoli Diced Carrots	Roast Potatoes Creamed Potatoes Baby Carrots Green Beans	Spaghetti Sweetcorn Peas	Chunky Chips Beans Peas
Fresh Seasonal Salad Bar With Fresh Bread Available Daily				
A Daily Selection Of Fresh Fruit & Fruit Yoghurts				
Banana And Custard	Flapjack And Custard	Strawberry Mousse	Rice Pudding	Ice Cream

ADDITIONAL MENU OPTIONS AVAILABLE DAILY

Vegetarian options available daily.  
For any allergen/dietary requirements please speak to The Catering Supervisor

MADE FRESH



# YOUR MENU Week TWO

Monday	Tuesday	Wednesday	Thursday	Friday
Fish Fingers Vegetable Burger Jacket Potato	Spicy Chicken Drumsticks Cheese & Onion Pasty Jacket Potato	Roast Chicken Yorkshire Pudding Gravy Fish Goujons Jacket Potato	Lamb Katlama Tuna Pasta Bake Jacket Potato	Homemade Pizza Bubble Crumb Fish
Diced Potatoes Peas Diced Carrots	Rainbow Rice Green Beans Sweetcorn	Roast Potatoes Creamed Potatoes Broccoli Baby Carrots	Potato Wedges Sweetcorn Peas	Chunky Chips Beans Green Beans
Fresh Seasonal Salad Bar With Fresh Bread Available Daily				
A Daily Selection Of Fresh Fruit & Fruit Yoghurts				
Rice Pudding	Chocolate Crunch Custard	Orange Fruit Jelly	Iced Lemon Sponge Custard	Ice Cream

ADDITIONAL MENU OPTIONS AVAILABLE DAILY

Vegetarian options available daily.

For any allergen/dietary requirements please speak to The Catering Supervisor

MADE FRESH



# YOUR MENU Week THREE

Monday	Tuesday	Wednesday	Thursday	Friday
Macaroni Cheese Vegetable Samosa Jacket Potato	Lamb Keema Haddock Grill Jacket Potato	Roast Chicken Yorkshire Pudding Gravy Cheese & Pepper Roll Jacket Potato	Chicken curry Four Cheese Quiche Jacket Potato	Homemade Pizza Bubble Crumb Fish
Potato Wedges Baton Carrots Green Beans	Rice Sweetcorn Peas	Roast Potato Creamed Potatoes Diced Carrots Broccoli	Spicy Rice Sweetcorn Green Beans	Chunky Chips Beans Peas
<p>Fresh Seasonal Salad Bar With Fresh Bread Available Daily</p> <p>A Daily Selection Of Fresh Fruit &amp; Fruit Yoghurts</p>				
Chocolate Cracknell Custard	Shortbread Custard	Strawberry Fruit Jelly	Pineapple Sponge Custard	Ice Cream

ADDITIONAL MENU OPTIONS AVAILABLE DAILY

Vegetarian options available daily.  
For any allergen/dietary requirements please speak to the Catering Supervisor

MADE FRESH

# Certificate of Compliance with School Food Standards

This is to certify that

St Matthews Menus for

**City Kitchen**

meets the revised Government Standards for School Food, which aim to ensure that food provided is healthy, balanced and nutritious\*



Anna-Maria Holt BSc RD  
Company Dietitian

Pelican Procurement Services, Ash House, Tanshire Park, Shackleford Road, Elstead, Surrey, GU8 6LB, 01252 705200

\*Food provision has been evaluated by a registered dietitian against the food-based standards for lunches (January 2015) using menus and information as provided by the school at time of audit. Changes to menus, or additional food provision not included in the audit will invalidate this certificate.

