

## Food Banks / Clothes Banks

**Trussell Trust (Red Vouchers - If you do not know where to go to obtain a red Trussell Trust food voucher please contact either of the following telephone money / debt advice services. Citizens Advice Bureau 03444 771010. or. Birmingham Settlement Free Money Advice 0121 250 0765.)**

### Voucher required

<u>Address</u>	<u>Phone / E-mail</u>	<u>Opening</u>
Central Foodbank Birmingham City Church Parade B1 3QQ (parking B1 2RQ – please ensure you enter your vehicle registration on site before you leave the building to avoid a parking fine).	0121 236 2997  <a href="mailto:info@birminghamcentral.foodbank.org.uk">info@birminghamcentral.foodbank.org.uk</a>	<b><u>Fri 10am – 1.30pm</u></b>
Erdington Foodbank Six Ways Baptist Church Wood End Rd, Erdington Birmingham B24 8AD	07474 683927  <a href="mailto:wunnay@btinternet.com">wunnay@btinternet.com</a>	<b><u>Thurs 12.00 – 14.00</u></b>
George Road Baptist Church George Road Erdington B23 7RZ	07474 683927  <a href="mailto:wunnay@btinternet.com">wunnay@btinternet.com</a>	<b><u>Tues 12.00 – 14.00</u></b>
New Life Wesleyan Church Holyhead Rd, Handsworth, Birmingham B21 0LA	0121 507 0734  <a href="mailto:info@handsworthbirmingham.foodbank.org.uk">info@handsworthbirmingham.foodbank.org.uk</a>	<b><u>Thurs 13.00 – 15.00</u></b>
Sparkhill Foodbank Balsall Heath Satellite  Balsall Heath Church Centre 100 Mary Street Balsall Heath Birmingham B12 9JU	0121 708 1398  <a href="mailto:foodbank@narthex.org.uk">foodbank@narthex.org.uk</a>	<b><u>Thu 11.00 – 13.00</u></b>

Great Barr Foodbank St Bernard's Church Broome Ave, Birmingham B43 5AL	0121 357 5399  <a href="mailto:info@greatbarr.foodbank.org.uk">info@greatbarr.foodbank.org.uk</a>	<b><u>Tues 12.00 – 14.00</u></b>  <b><u>Fri 12.00 – 14.00</u></b>
<b>Aston &amp; Nechells</b> Foodbank St Matthews Church 63 Wardlow Rd, Birmingham B7 4JH	0121 359 0801  <a href="mailto:info@astonnechells.foodbank.org.uk">info@astonnechells.foodbank.org.uk</a>	<b><u>Mon 12 – 14.30</u></b>
<b>Aston &amp; Nechells</b> Foodbank The Salvation Army Centre Gladstone Street Aston Birmingham B6 7NY	0121 359 0801  <a href="mailto:info@astonnechells.foodbank.org.uk">info@astonnechells.foodbank.org.uk</a>	<b><u>Fri 12.30 – 14.30</u></b>

**Non-Trussell Trust (No red voucher required)**

Address	Phone / E-mail / Web-site	Opening
Birmingham City Mission  The Clock Tower 2 Langdon Street  Birmingham B9 4BP	0121 766 6603 (option 2)  Puts you through to Wes – if someone is really in need, Wes will see about putting a food parcel together and deliver.  <a href="mailto:resources@birminghamcitymission.co.uk">resources@birminghamcitymission.co.uk</a>  <a href="https://www.birminghamcitymission.org.uk/providing-for-those-in-need/">https://www.birminghamcitymission.org.uk/providing-for-those-in-need/</a>	Mon – Fri 10am – 2pm to speak to Wes
Birmingham Citadel, St Chads, Queensway, Birmingham B4 6HH	<b>0121 236 5776</b>  <b>No voucher client details to</b> <a href="mailto:birmingham.citadel@salvationarmy.org.uk">birmingham.citadel@salvationarmy.org.uk</a> <b>Limited staffing and stock – arrive as early as possible</b>	11am - 1.30pm

## **In addition**

### **1. Register as 'Clinically extremely vulnerable' on the government website**

Please find information on the link below on Coronavirus support for extremely vulnerable people (those sent a letter by the NHS to isolate for 12 weeks, or who feel they should be). Please share this with your staff and service users where possible, if they do not already have the information.

<https://www.gov.uk/coronavirus-extremely-vulnerable>

### **2. Food Parcel Delivery (Active Wellbeing Society) - Register here**

AWS are coordinating the community networks of food providers - Fill out a referral form.

[https://theaws.co.uk/relief/?fbclid=IwAR3\\_PxDhzmTwHr5irueKcUJWw\\_uOQ051G\\_nMjc15IM39IG\\_SjSPeRsTVSKjc](https://theaws.co.uk/relief/?fbclid=IwAR3_PxDhzmTwHr5irueKcUJWw_uOQ051G_nMjc15IM39IG_SjSPeRsTVSKjc) (Reporting 1 – 2 days delivery time)

### **3. Cooperation Birmingham (The Warehouse Cafe)**

Free food delivered every night of the week across the whole city. The warehouse cafe are based in Digbeth and are looking to make individuals aware of what they are doing. Orders must be placed before 4.30pm on the day you are looking to have food delivered. They have informed me, they have the capacity to be donating more meals than they are at present so have asked us to spread the word. Call 0121 667 6387 to order.

<https://www.thewarehousecafe.com/>

### **4. The Real Junk Food Project**

Are delivering food to households through AWS (See above).

They are also open as a shop on a Thursday 12pm-6pm at Unit 58 Western, Business Park, Great Western Close, Birmingham, B18 4QF.

The shop is 'pay as you feel'; individuals are able to walk away with shopping for free, or for very little, if this is what they can afford.

### **5. Feedo Needo - Bakhtawar Trust**

Currently providing food parcels to individuals in need. These can be collected at:

Smithfield House, Digbeth, B5 6BS

The times that they are open, change on a daily basis - so they have recommended checking their facebook page everyday to see the times they are open.

They are also delivering food parcels in special circumstances. This can be arranged through calling 0300 311 1312.

**6. FoodCycle Birmingham (Northfield area only at present)**

Call 07514 131 666 or 07514 131 667.

Phone lines open Monday-Friday 10am-5pm

DO NOT LEAVE VOICEMAIL MESSAGES OR TEXTS.

Delivery days Tuesdays & Thursdays

**9. Salma Food Bank**

Only taking referrals for elderly individuals or individuals with family. Make a referral <https://www.salma-foodbank.org/make-referral> or Call 07767 164 246 (They have informed that texting will be quicker than through the website). Deliveries to B1 to B12, B15 to B21, B64 to B71 and DY1 to DY5. They have advised if you are outwith these postcodes you can still access help but this will be via pick up not delivery.

**10. Homeless One**

Meals served 6.30pm-7.30pm, 7 days per week. 10 New Bartholomew Street, Digbeth, B5 5QS.

Telephone contact: 07979 767 979

**11. Aston and Nechells Foodbank**

Open at St Matthews Church, Nechells on a Monday

Open at Salvation Army, Aston on a Friday

**12. Too Good to Go and OLIO**

Two apps that can be downloaded onto smartphones. These apps are good for food sharing.

<https://toogoodtogo.co.uk/en-gb>

<https://olioex.com/>